

# LORD

have mercy  
upon us.

Preservatives and Medicines as well before infection as afterwards, according  
to the judgement of the best Physicians.

It is good to make Bonfires in the streets, and especially in and about viaried houses; and throw thereon Rosemary or Juniper, Baileaves or Frankincense and receive the fume thereof.

To make fires in pans (to remove about the chamber rather than in chimneys, and put into it old iron.

Also take a quantity of Vinegar very strong, and put to it some small quantity of Rosewater, ten branches of Rosemary put them all into a basin, then take five or six fine stones, heated in the fire till they be burning hot, cast them into the same Vinegar, and so let the fumes be received from place to place of your house.

Let none goe fasting forth, every one according to their fortunes, let them eat some such thing as may resist putrefaction.

Some may eat Garlicke with Butter, a Clove two or three, according to the ability of their bodie; some may eat fasting some of the electuarie with Figs and Rue hereafter expressed. Some may use London Treacle, the weight of eight pence in a morning, taking

more or lesse, according to the age of the party; after one houre let them eat some other breakfast, as bread and butter with some leaves of Rue or Sage, and in the heat of summer of Sorrell, or Wood Sorrell.

Take of good Figs and Walnut kernels of each twenty foure Rue picked two good handfulls, of salt halfe an ounce or somewhat better; first stamp your Figs and Walnuts well together in a stone mortar, then add your Rue, and last of all your Salt, mixe them exceedingly well; take of this mixture every morning fasting the weight of .i. lb. to children and weakie bodie lesse.

The use of London Treacle is good both to preserve from the sicknesse, as also to cure the sick, being taken upon the first apprehension in a greater quantitie, as to a man two drams, but lesse to a weakie bodie, or a child, in Carduus or Dog in water.

Take Mace two ounces, Clove and Shaffron, of each an ounce, Annonsiacum halfe an ounce, make them up into a masse with the juice of Limons, or white wine vinegar to keepe the bodie open. A small

Pill or two will be enough taken a little before supper, or before dinner, but to purge the bodie take the weight of a dram made into five or six or more Pills in the morning fasting, and that day keepe your Chamber.

If the Patient be full of blood and strong, let him be let blood upon the Liber-veine in the right Arme, or in the Median veine of the same Arme the first day, if no force appeare. Herein take the Doctors advice.

Proroke vomit with two ounces of Ranke Oile, or Walnut Oile, a spoonfull of the juice of Celendine, a halfe a spoonfull of the juice of Radish root, or two spoonfulls of Oryzmel of Squills with Posset drinke and oile.

The posset is expelled best by sweating provoked by posset ale made with fennell & Carigolds in winter, and with Sorrell, Suglosse and Horage in summer, with which in both times they must mingle London Treacle the weight of two drams; so to lay themselves with all quietnesse to sweat one halfe houre, or an houre if they be strong.

## 1603. Buried and Christned in London, &c. as followeth.

	Buried in all	Of the Plague	Christ- nings
March	17	108	106
March	24	60	106
March	31	78	96
April	7	66	141
April	14	72	86
April	21	98	84
April	28	109	85
May	5	99	78
May	12	112	103
May	19	122	81
May	26	122	98
June	2	114	82
June	9	131	110
June	16	144	90
June	23	182	95
June	30	207	81
July	7	247	83
July	14	612	88

This weeke were the first Plagues brought in to be reported with the City and Liberties.

July	21	1186	917	50
July	28	878	1390	138
August	4	2256	1922	115
August	11	2077	1745	110
August	18	3054	2713	95
August	25	2843	2539	127
September	1	3385	3035	97
September	8	3078	2724	104
September	15	3123	2818	89
September	22	2456	2193	90
September	29	1961	1732	81
October	6	1831	1641	71
October	13	1312	1146	73
October	20	766	642	67
October	27	625	508	75
November	3	737	594	70
November	10	585	442	65
November	17	384	251	64
November	24	198	105	58
December	1	223	102	64
December	8	163	55	72
December	15	220	96	71
December	22	168	74	70

The totall of all that have been buried in this time—37294.  
Whereof of the Plague—30561.  
Christnings—3509.

## 1625. Buried and Christned in London, &c. as followeth.

	Buried in all	Of the Plague	Christ- nings
March	17	162	175
March	24	226	107
March	31	243	133
April	7	239	184
April	14	256	154
April	21	230	162
April	28	305	134
May	5	292	113
May	12	312	140
May	19	379	182
May	26	401	145
June	2	395	123
June	9	421	125
June	16	510	110
June	23	640	110
June	30	942	125
July	7	1222	114
July	14	1741	115
July	21	2850	137
July	28	3583	155
August	4	4547	128
August	11	4855	122
August	18	5205	134
August	25	4841	135
September	1	3827	117
September	8	5057	112
September	15	2148	100
September	22	1994	75
September	29	1230	78
October	6	838	77
October	13	815	85
October	20	651	91
October	27	375	77
November	3	357	82
November	10	319	85
November	17	274	88
November	24	231	88
December	1	190	93
December	8	181	90
December	15	168	97
December	22	157	86

The Totall of all that have been buried in this time—51758.  
Whereof of the Plague—35403.  
Christnings—4826.

## 1636. Buried and Christned in London, &c. as followeth.

	Buried in all	Of the Plague	Christ- nings
March	17	187	244
March	24	177	215
March	31	196	193
April	7	199	202
April	14	205	221
April	21	205	204
April	28	210	271
May	5	206	197
May	12	254	199
May	19	244	171
May	26	203	160
June	2	276	189
June	9	275	153
June	16	325	145
June	23	257	149
June	30	273	141
July	7	265	152
July	14	298	142
July	21	251	111
July	28	251	111
August	4	251	111
August	11	251	111
August	18	251	111
August	25	251	111
September	1	251	111
September	8	251	111
September	15	251	111
September	22	251	111
September	29	251	111
October	6	251	111
October	13	251	111
October	20	251	111
October	27	251	111
November	3	251	111
November	10	251	111
November	17	251	111
November	24	251	111
December	1	251	111
December	8	251	111
December	15	251	111
December	22	251	111

The Totall of all that have been buried in this time—  
Whereof of the Plague—  
Christnings—

Use prayer as the best preservative against this and all other diseases, yet neglect not ordinary meanes of Physicke.

FINIS.

Printed for T.S.



# LORD

have mercy  
upon us.

Live well.

Die well.

Preservatives and Medicines as well before infection as afterwards, according  
to the judgement of the best Physicians.

## Preservatives.

It is good to make Bonfires in the streets, and especially in and about visited houses; and throw thereon Rosemary or Juniper. Bayleaves or Frankincense, and receive the fume thereof.

Also make fires in pans (to remove about the chamber rather than in chimneys, and put into it old iron. Also take a quantity of Vinegar very strong, and put to it some small quantity of Rosewater, ten branches of Rosemary put them all into a basin then take five or six fine stones, heated in the fire till they be burning hot, cast them into the same Vinegar, and so let the fumes be received from place to place of your house.

## Food & Medicines.

Let none goe fasting forth, every one according to their fortunes let them eat some such thing as may refresh & putrefaction.

Some may eat Garlicke with Butter, a Clove two or three according to the ability of their bodies; some may fast some of the electuaries with Figs and Rue hereafter expressed: some may use London Treacle, the weight of eight pence in a morning, taking

more or lesse, according to the age of the party; after one hour let them eat some other breakfast, as bread and butter with some leaves of Rue or Sage, and in the heat of summer of Sorrell, or Wood-sorrell.

## Cordials.

Take of good Figs and Walnut kernels of each twenty foure Rue pick'd two good handfulls, of salt halfe an ounce or somewhat better; first stamp your Figs and Walnuts well together in a stone mortar then add your Rue and last of all your Salt, mixe them exceedingly well; take of this mixture every morning fasting the weight of 1 lb. to children and weaker bodies lesse.

The use of London Treacle is good both to preserve from the sickness, as also to cure the sick, being taken upon the first apprehension in a greater quantitie as to a man two drams but lesse to a weaker body, or a child, in Carduus or Dog in Water.

## A purgative Medicine.

The Mox two ounces Myrre and Saffron, of each an ounce, Annisatum halfe an ounce, make them up into a masse with the juice of Lemons or white wine vinegar to keepe the bodie open. A small

Pill or two will be enough taken a little before supper, or before dinner but to purge the body take the weight of a dram made into five or six or more Pills in the morning fasting, and that day keepe your Chamber.

## Let blood.

If the Patient be full of blood and strong, let him be let blood upon the Liver-veine in the right Arme, or in the Median Veine of the same Arme the first day (if no soze appeare.) Herein take the Doctors advice.

## A Vomite.

Powder homit with two ounces of Ranke Oile, or Walnut Oile a spoonfull of the juice of Celendine, & halfe a spoonfull of the juice of Radish root, or two spoonfulls of Symplic with Posset drink and oile.

## To expell the poison.

The poison is expelled best by sweating provoked by posset ale made with fennell & Parigolds in winter, and with Sorrell Sugloffe and Scorage in summer, with which in both times they must mingle London Treacle the weight of two drams; & so to lay themselves with all quickness to sweat one halfe houre, or an houre if they be strong.

## 1603. Buried and Christned in London, &c. as followeth.

Month	Buried	Christned
March	17	106
March	24	106
March	31	56
April	7	14
April	14	86
April	21	8
April	28	8
May	5	78
May	12	103
May	19	81
May	26	98
June	2	82
June	9	110
June	16	90
June	23	95
June	30	82
July	7	89
July	14	88

This weeke were brought in to be buried with the City and Liberties.

Month	Buried	Christned
July	21	50
July	28	138
August	4	115
August	11	110
August	18	95
August	25	127
September	1	97
September	8	106
September	15	89
September	22	90
September	29	81
October	6	71
October	13	73
October	20	67
October	27	75
November	3	70
November	10	65
November	17	64
November	24	58
December	1	64
December	8	72
December	15	71
December	22	70

The totall of all that have been buried this Yeere — 37294.  
Whereof of the Plague — 30561.  
Christnings — 3309.

## 1625. Buried and Christned in London, &c. as followeth.

Month	Buried	Christned
March	17	175
March	24	17
March	31	133
April	7	184
April	14	114
April	21	160
April	28	134
May	5	108
May	12	140
May	19	182
May	26	145
June	2	125
June	9	110
June	16	110
June	23	110
June	30	115
July	7	114
July	14	115
July	21	137
July	28	155
August	4	128
August	11	122
August	18	131
August	25	145
September	1	117
September	8	112
September	15	100
September	22	75
September	29	78
October	6	77
October	13	85
October	20	91
October	27	77
November	3	88
November	10	88
November	17	18
November	24	18
December	1	93
December	8	90
December	15	67
December	22	86

This weeke were brought in to be buried with the City and Liberties.

Month	Buried	Christned
July	21	137
July	28	155
August	4	128
August	11	122
August	18	131
August	25	145
September	1	117
September	8	112
September	15	100
September	22	75
September	29	78
October	6	77
October	13	85
October	20	91
October	27	77
November	3	88
November	10	88
November	17	18
November	24	18
December	1	93
December	8	90
December	15	67
December	22	86

The Totall of all that have been buried this Yeere — 51738.  
Whereof of the Plague — 35422.  
Christnings — 4826.

## 1636. Buried and Christned in London, &c. as followeth.

Month	Buried	Christned
March	17	244
March	24	215
March	31	193
April	7	202
April	14	221
April	21	204
April	28	271
May	5	197
May	12	199
May	19	171
May	26	160
June	2	169
June	9	153
June	16	145
June	23	149
June	30	149
July	7	152
July	14	142
July	21	108
July	28	136
August	4	151
August	11	140
August	18	167
August	25	160
September	1	163
September	8	167
September	15	166
September	22	167
September	29	168
October	6	170
October	13	164
October	20	174
October	27	173
November	3	175
November	10	164
November	17	143
November	24	162
December	1	168
December	8	143
December	15	134
December	22	137

This weeke were brought in to be buried with the City and Liberties.

Month	Buried	Christned
July	21	152
July	28	142
August	4	108
August	11	136
August	18	151
August	25	140
September	1	167
September	8	160
September	15	163
September	22	167
September	29	168
October	6	170
October	13	164
October	20	174
October	27	173
November	3	175
November	10	164
November	17	143
November	24	162
December	1	168
December	8	143
December	15	134
December	22	137

The Totall of all that have been buried in this time —  
Whereof of the Plague —  
Christnings —

as the best preservative against this and all other diseases, yet neg-  
meanes of Physicke.